



COPA CATALANA DE FONS - JORNADA PRIMAVERA
BARCELONA, 18/5/2019



Sumari d'inscrits

Totes les proves

Club	Codi	Pais	Nedadors:			Individuals			Relleus		
			Masc.	Fem.	Total	Masc.	Fem.	Total	Masc.	Fem.	Total
C.E. Mediterrani	00076	ESP	2	-	2	2	-	2	-	-	-
C.N. Martorell	00077	ESP	-	2	2	-	2	2	-	-	-
C.N. Granollers	00099	ESP	2	4	6	2	4	6	-	-	-
C.N. Figueres	00177	ESP	-	2	2	-	2	2	-	-	-
C.N. Cornella	00456	ESP	3	2	5	3	2	5	-	-	-
Club Esportiu Agora Masia Bach	01645	ESP	1	-	1	1	-	1	-	-	-
C.N. Cervera	P0723	ESP	-	1	1	-	1	1	-	-	-
Nombre total de 7 clubs			8	11	19	8	11	19	-	-	-



COPA CATALANA DE FONS / JORNADA HIVERN



Dissabte, 18 de Maig de 2019, Club Esportiu Mediterrani, Begur 40-44- 10:00 hores

FITXA TÈCNICA DE LA COMPETICIÓ

NOM DE LA COMPETICIÓ

COPA CATALANA DE FONS - JORNADA HIVERN

ORGANITZA:

CLUB ESPORTIU MEDITERRANI

DATA DE LA COMPETICIÓ

18 de MAIG de 2019

JORNADES - SESSIÓ/NS – HORARI/S

1ª Jornada – Sessió Tarda - 10:00 hores

LLOC GEOGRÀFIC DE LA COMPETICIÓ

BARCELONA – (BARCELONA)

ADREÇA DE LA PISCINA

CLUB ESPORTIU MEDITERRANI
INSTAL·LACIÓ PISCINA JOSEP VALLÈS
Begur, 40-44
BARCELONA – 08028
(BARCELONA)

CARACTERÍSTIQUES DE LA INSTAL·LACIÓ

50 metres i 8 carrers – DESCOBERTA

CRONOMETRATGE

MANUAL (M)

TEMPERATURA DE L'AIGUA

28,0º

CLUBS PARTICIPANTS / COMPOSICIÓ JURAT

Segons Full adjunt / Segons Fulls adjunt

SIGNAT: IVETTE MARIA TATO - 0945
(Jutge/ssa àrbitre/a de la Competició)

SIGNAT: FRANCESC XAVIER BERNADI I MISIEGO
(Responsable de la Competició)

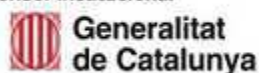
Com a Jutge/ssa àrbitre/a de la Competició, certifico la veracitat de les dades que consten en aquests resultats.

Barcelona, 18 de Maig de 2019

Sponsor



Sponsor Institucional



Certificacions





COPA CATALANA DE FONS / JORNADA HIVERN



Dissabte, 18 de Maig de 2019, Club Esportiu Mediterrani, Begur 40-44- 10:00 hores

COMPOSICIÓ JURAT DE LA COMPETICIÓ

JUTGE/SSA ÀRBITRE

IVETTE MARIA TATO - 0945

JUTGE/SSA SORTIDES

XAVIER BASTUS CAMON - 1018

OFICIAL DE SORTIDES

JUTGE/SSA ARRIBADES
JUTGE/SSA ARRIBADES

ORIOL FONOLLA LLOBET - 1531

INSPECTOR/A DE VIRATGES
INSPECTOR/A DE VIRATGES
INSPECTOR/A DE VIRATGES
INSPECTOR/A DE VIRATGES

SECRETARIA

CAP DE CRONOMETRADORS

DAVID BENLLOCH SALA - 1431

CRONOMETRADOR/A
CRONOMETRADOR/A
CRONOMETRADOR/A
CRONOMETRADOR/A
CRONOMETRADOR/A
CRONOMETRADOR/A
CRONOMETRADOR/A
CRONOMETRADOR/A

RUBEN MORAL MADRIGAL - 1535
ELENA FONOLLA LLOBERT - 1382
MARIA ARNEDO MUÑOZ - 1610
LAIA SERRAT PUIG - 1528
JOAQUIM PIQUERES FOLCH - 1663
LIDIA SALLEN ARRANZ - 1662
ALBERT GUIRADO RIVAS - 1664
CARLOS JOSE PEÑA SANJUAN - 1681

DIRECTOR/A DE COMPETICIÓ

FRANCESC XAVIER BERNADI I MISIEGO

SECRETARIA RESULTATS

Del CLUB ESPORTIU MEDITERRANI

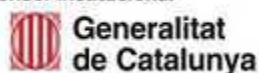
MEGAFONIA

Del CLUB ESPORTIU MEDITERRANI

Sponsor



Sponsor Institucional



Certificacions





COPA CATALANA DE FONTS - JORNADA PRIMAVERA
BARCELONA, 18/5/2019



1 - Dissabte, 18 Maig de 2019

18/5/2019

Prova 1
18/5/2019

Masc., 5000m Lliure

Open
Resultats

Punts: FINA 2019

Classificació	ANY		Temps		Pts
1. ARROYO PEREZ, Antonio	94	C.E. Mediterrani	55:26.15	665	
100m: 1:05.75	1:05.75	1400m: 15:20.22	1:05.22	2700m: 29:36.50	1:06.39
200m: 2:11.65	1:05.90	1500m: 16:25.93	1:05.71	2800m: 30:43.25	1:06.75
300m: 3:17.65	1:06.00	1600m: 17:31.22	1:05.29	2900m: 31:49.75	1:06.50
400m: 4:23.75	1:06.10	1700m: 18:36.85	1:05.63	3000m: 32:56.82	1:07.07
500m: 5:29.65	1:05.90	1800m: 19:42.43	1:05.58	3100m: 34:04.00	1:07.18
600m: 6:35.47	1:05.82	1900m: 20:48.11	1:05.68	3200m: 35:11.47	1:07.47
700m: 7:41.18	1:05.71	2000m: 21:53.78	1:05.67	3300m: 36:18.47	1:07.00
800m: 8:46.68	1:05.50	2100m: 22:59.75	1:05.97	3400m: 37:25.28	1:06.81
900m: 9:52.57	1:05.89	2200m: 24:05.85	1:06.10	3500m: 38:31.85	1:06.57
1000m: 10:58.07	1:05.50	2300m: 25:11.53	1:05.68	3600m: 39:38.90	1:07.05
1100m: 12:04.00	1:05.93	2400m: 26:17.35	1:05.82	3700m: 40:46.25	1:07.35
1200m: 13:09.75	1:05.75	2500m: 27:23.97	1:06.62	3800m: 41:53.28	1:07.03
1300m: 14:15.00	1:05.25	2600m: 28:30.11	1:06.14	3900m: 43:00.72	1:07.44
2. FILOSO GARCIA, Alonso	02	C.E. Mediterrani	1:00:11.60	519	
100m: 1:08.25	1:08.25	1400m: 16:33.35	1:11.50	2700m: 32:06.77	1:12.60
200m: 2:19.85	1:11.60	1500m: 17:44.67	1:11.32	2800m: 33:19.38	1:12.61
300m: 3:31.10	1:11.25	1600m: 18:56.06	1:11.39	2900m: 34:32.49	1:13.11
400m: 4:41.63	1:10.53	1700m: 20:07.70	1:11.64	3000m: 35:45.42	1:12.93
500m: 5:52.25	1:10.62	1800m: 21:18.87	1:11.17	3100m: 36:58.35	1:12.93
600m: 7:02.77	1:10.52	1900m: 22:30.52	1:11.65	3200m: 38:11.60	1:13.25
700m: 8:13.70	1:10.93	2000m: 23:41.99	1:11.47	3300m: 39:24.49	1:12.89
800m: 9:24.60	1:10.90	2100m: 24:53.63	1:11.64	3400m: 40:36.87	1:12.38
900m: 10:35.70	1:11.10	2200m: 26:05.20	1:11.57	3500m: 41:49.13	1:12.26
1000m: 11:47.03	1:11.33	2300m: 27:17.56	1:12.36	3600m: 43:02.03	1:12.90
1100m: 12:58.42	1:11.39	2400m: 28:29.81	1:12.25	3700m: 44:14.20	1:12.17
1200m: 14:09.92	1:11.50	2500m: 29:41.60	1:11.79	3800m: 45:27.06	1:12.86
1300m: 15:21.85	1:11.93	2600m: 30:54.17	1:12.57	3900m: 46:40.81	1:13.75
3. BLANES FRIGOLA, Aleix	04	Club Esportiu Agora Masia Bach	1:02:14.60	469	
100m: 1:13.95	1:13.95	1400m: 17:52.56	1:15.53	2700m: 34:04.06	1:14.46
200m: 2:30.31	1:16.36	1500m: 19:08.60	1:16.04	2800m: 35:18.17	1:14.11
300m: 3:47.63	1:17.32	1600m: 20:24.10	1:15.50	2900m: 36:32.35	1:14.18
400m: 5:04.95	1:17.32	1700m: 21:39.38	1:15.28	3000m: 37:46.03	1:13.68
500m: 6:21.99	1:17.04	1800m: 22:54.27	1:14.89	3100m: 39:00.60	1:14.57
600m: 7:38.10	1:16.11	1900m: 24:08.74	1:14.47	3200m: 40:14.35	1:13.75
700m: 8:54.45	1:16.35	2000m: 25:23.06	1:14.32	3300m: 41:28.03	1:13.68
800m: 10:11.81	1:17.36	2100m: 26:37.06	1:14.00	3400m: 42:41.99	1:13.96
900m: 11:29.20	1:17.39	2200m: 27:52.35	1:15.29	3500m: 43:55.31	1:13.32
1000m: 12:46.63	1:17.43	2300m: 29:06.85	1:14.50	3600m: 45:08.87	1:13.56
1100m: 14:03.85	1:17.22	2400m: 30:21.27	1:14.42	3700m: 46:23.03	1:14.16
1200m: 15:20.42	1:16.57	2500m: 31:35.49	1:14.22	3800m: 47:37.60	1:14.57
1300m: 16:37.03	1:16.61	2600m: 32:49.60	1:14.11	3900m: 48:52.20	1:14.60
4. AVELLANEDA RODRIGUEZ, Adrian	02	C.N. Cornellà	1:03:19.41	446	
100m: 1:14.22	1:14.22	1400m: 17:50.71	1:15.55	2700m: 34:19.81	1:15.77
200m: 2:31.48	1:17.26	1500m: 19:06.18	1:15.47	2800m: 35:37.43	1:17.62
300m: 3:48.39	1:16.91	1600m: 20:22.72	1:16.54	2900m: 36:53.85	1:16.42
400m: 5:05.68	1:17.29	1700m: 21:39.18	1:16.46	3000m: 38:10.10	1:16.25
500m: 6:23.47	1:17.79	1800m: 22:56.13	1:16.95	3100m: 39:24.75	1:14.65
600m: 7:40.54	1:17.07	1900m: 24:12.89	1:16.76	3200m: 40:38.14	1:13.39
700m: 8:58.39	1:17.85	2000m: 25:29.98	1:17.09	3300m: 41:51.50	1:13.36
800m: 10:14.83	1:16.44	2100m: 26:44.79	1:14.81	3400m: 43:04.45	1:12.95
900m: 11:32.11	1:17.28	2200m: 27:59.52	1:14.73	3500m: 44:19.89	1:15.44
1000m: 12:49.47	1:17.36	2300m: 29:15.95	1:16.43	3600m: 45:34.77	1:14.88
1100m: 14:04.89	1:15.42	2400m: 30:31.44	1:15.49	3700m: 46:52.18	1:17.41
1200m: 15:19.82	1:14.93	2500m: 31:46.64	1:15.20	3800m: 48:08.72	1:16.54
1300m: 16:35.16	1:15.34	2600m: 33:04.04	1:17.40	3900m: 49:27.35	1:18.63



COPA CATALANA DE FONTS - JORNADA PRIMAVERA
BARCELONA, 18/5/2019



Prova 1, Masc., 5000m Lliure, Open

Classificació	ANY										Temps	Pts		
5.	SANCHEZ LOPEZ, Juan Manuel										03	C.N. Cornellà	1:03:30.25	442
100m:	1:14.89	1:14.89	1400m:	17:55.13	1:16.63	2700m:	34:33.12	1:16.16	4000m:	50:56.75	1:14.85			
200m:	2:31.26	1:16.37	1500m:	19:11.82	1:16.69	2800m:	35:49.27	1:16.15	4100m:	52:11.64	1:14.89			
300m:	3:48.35	1:17.09	1600m:	20:28.35	1:16.53	2900m:	37:05.48	1:16.21	4200m:	53:27.16	1:15.52			
400m:	5:05.66	1:17.31	1700m:	21:45.38	1:17.03	3000m:	38:21.61	1:16.13	4300m:	54:42.22	1:15.06			
500m:	6:23.18	1:17.52	1800m:	23:02.49	1:17.11	3100m:	39:37.32	1:15.71	4400m:	55:57.95	1:15.73			
600m:	7:40.23	1:17.05	1900m:	24:19.59	1:17.10	3200m:	40:52.88	1:15.56	4500m:	57:13.51	1:15.56			
700m:	8:57.26	1:17.03	2000m:	25:36.48	1:16.89	3300m:	42:07.83	1:14.95	4600m:	58:28.92	1:15.41			
800m:	10:14.38	1:17.12	2100m:	26:53.29	1:16.81	3400m:	43:23.08	1:15.25	4700m:	59:44.44	1:15.52			
900m:	11:31.89	1:17.51	2200m:	28:10.47	1:17.18	3500m:	44:39.21	1:16.13	4800m:	1:01:00.50	1:16.06			
1000m:	12:49.04	1:17.15	2300m:	29:27.51	1:17.04	3600m:	45:55.28	1:16.07	4900m:	1:02:15.39	1:14.89			
1100m:	14:05.31	1:16.27	2400m:	30:44.91	1:17.40	3700m:	47:11.43	1:16.15	5000m:	1:03:30.25	1:14.86			
1200m:	15:21.64	1:16.33	2500m:	32:01.03	1:16.12	3800m:	48:26.99	1:15.56						
1300m:	16:38.50	1:16.86	2600m:	33:16.96	1:15.93	3900m:	49:41.90	1:14.91						
6.	COLOMER JIMENEZ, Arnau										03	C.N. Granollers	1:04:28.27	422
100m:	1:14.62	1:14.62	1400m:	17:51.55	1:15.39	2700m:	34:20.76	1:17.04	4000m:	51:11.59	1:19.45			
200m:	2:31.85	1:17.23	1500m:	19:07.29	1:15.74	2800m:	35:37.59	1:16.83	4100m:	52:30.88	1:19.29			
300m:	3:48.89	1:17.04	1600m:	20:23.65	1:16.36	2900m:	36:53.97	1:16.38	4200m:	53:51.06	1:20.18			
400m:	5:05.62	1:16.73	1700m:	21:39.79	1:16.14	3000m:	38:10.35	1:16.38	4300m:	55:12.17	1:21.11			
500m:	6:22.69	1:17.07	1800m:	22:55.99	1:16.20	3100m:	39:26.67	1:16.32	4400m:	56:31.79	1:19.62			
600m:	7:39.66	1:16.97	1900m:	24:12.65	1:16.66	3200m:	40:41.17	1:14.50	4500m:	57:53.45	1:21.66			
700m:	8:56.50	1:16.84	2000m:	25:28.85	1:16.20	3300m:	41:56.45	1:15.28	4600m:	59:14.45	1:21.00			
800m:	10:13.74	1:17.24	2100m:	26:44.93	1:16.08	3400m:	43:14.16	1:17.71	4700m:	1:00:35.52	1:21.07			
900m:	11:31.30	1:17.56	2200m:	28:00.21	1:15.28	3500m:	44:32.04	1:17.88	4800m:	1:01:57.85	1:22.33			
1000m:	12:48.65	1:17.35	2300m:	29:16.36	1:16.15	3600m:	45:51.98	1:19.94	4900m:	1:03:16.31	1:18.46			
1100m:	14:04.91	1:16.26	2400m:	30:32.38	1:16.02	3700m:	47:10.88	1:18.90	5000m:	1:04:28.27	1:11.96			
1200m:	15:20.42	1:15.51	2500m:	31:47.31	1:14.93	3800m:	48:31.45	1:20.57						
1300m:	16:36.16	1:15.74	2600m:	33:03.72	1:16.41	3900m:	49:52.14	1:20.69						
7.	ANDREU GASCON, Pau Xiao										04	C.N. Cornellà	1:06:54.38	378
100m:	1:15.41	1:15.41	1400m:	18:21.41	1:20.50	2700m:	35:45.34	1:19.65	4000m:	53:07.66	1:21.32			
200m:	2:32.76	1:17.35	1500m:	19:41.84	1:20.43	2800m:	37:06.59	1:21.25	4100m:	54:29.06	1:21.40			
300m:	3:50.51	1:17.75	1600m:	21:02.56	1:20.72	2900m:	38:27.41	1:20.82	4200m:	55:50.38	1:21.32			
400m:	5:07.98	1:17.47	1700m:	22:24.84	1:22.28	3000m:	39:46.76	1:19.35	4300m:	57:12.56	1:22.18			
500m:	6:26.16	1:18.18	1800m:	23:45.44	1:20.60	3100m:	41:07.31	1:20.55	4400m:	58:35.94	1:23.38			
600m:	7:44.26	1:18.10	1900m:	25:05.98	1:20.54	3200m:	42:26.44	1:19.13	4500m:	59:58.59	1:22.65			
700m:	9:03.34	1:19.08	2000m:	26:25.84	1:19.86	3300m:	43:43.91	1:17.47	4600m:	1:01:21.56	1:22.97			
800m:	10:22.16	1:18.82	2100m:	27:45.98	1:20.14	3400m:	45:03.06	1:19.15	4700m:	1:02:43.84	1:22.28			
900m:	11:42.09	1:19.93	2200m:	29:07.84	1:21.86	3500m:	46:22.66	1:19.60	4800m:	1:04:06.94	1:23.10			
1000m:	13:02.41	1:20.32	2300m:	30:28.66	1:20.82	3600m:	47:43.94	1:21.28	4900m:	1:05:31.23	1:24.29			
1100m:	14:22.94	1:20.53	2400m:	31:49.09	1:20.43	3700m:	49:04.69	1:20.75	5000m:	1:06:54.38	1:23.15			
1200m:	15:42.23	1:19.29	2500m:	33:06.87	1:17.78	3800m:	50:25.87	1:21.18						
1300m:	17:00.91	1:18.68	2600m:	34:25.69	1:18.82	3900m:	51:46.34	1:20.47						
8.	MATARÓ CHANTRERO, Roger										04	C.N. Granollers	1:08:21.60	354
100m:	1:18.60	1:18.60	1400m:	18:45.09	1:18.96	2700m:	35:44.58	1:18.40	4000m:	53:21.91	1:25.72			
200m:	2:38.11	1:19.51	1500m:	20:03.98	1:18.89	2800m:	37:02.57	1:17.99	4100m:	54:47.41	1:25.50			
300m:	3:58.56	1:20.45	1600m:	21:22.64	1:18.66	2900m:	38:21.26	1:18.69	4200m:	56:15.26	1:27.85			
400m:	5:18.64	1:20.08	1700m:	22:41.80	1:19.16	3000m:	39:38.94	1:17.68	4300m:	57:44.21	1:28.95			
500m:	6:39.42	1:20.78	1800m:	24:01.02	1:19.22	3100m:	40:58.40	1:19.46	4400m:	59:13.38	1:29.17			
600m:	8:00.66	1:21.24	1900m:	25:19.80	1:18.78	3200m:	42:18.13	1:19.73	4500m:	1:00:44.34	1:30.96			
700m:	9:21.97	1:21.31	2000m:	26:37.93	1:18.13	3300m:	43:38.48	1:20.35	4600m:	1:02:15.12	1:30.78			
800m:	10:42.87	1:20.90	2100m:	27:55.57	1:17.64	3400m:	44:59.85	1:21.37	4700m:	1:03:47.43	1:32.31			
900m:	12:04.24	1:21.37	2200m:	29:13.94	1:18.37	3500m:	46:21.76	1:21.91	4800m:	1:05:19.39	1:31.96			
1000m:	13:25.69	1:21.45	2300m:	30:31.81	1:17.87	3600m:	47:44.15	1:22.39	4900m:	1:06:51.36	1:31.97			
1100m:	14:46.98	1:21.29	2400m:	31:50.20	1:18.39	3700m:	49:07.47	1:23.32	5000m:	1:08:21.60	1:30.24			
1200m:	16:06.83	1:19.85	2500m:	33:08.19	1:17.99	3800m:	50:31.36	1:23.89						
1300m:	17:26.13	1:19.30	2600m:	34:26.18	1:17.99	3900m:	51:56.19	1:24.83						



COPA CATALANA DE FONTS - JORNADA PRIMAVERA
BARCELONA, 18/5/2019



Prova 2
18/5/2019

Fem., 5000m Lliure

Open
Resultats

Punts: FINA 2019

Classificació	ANY						Temps	Pts
1. BLAYA CORRONS, Janna	03	C.N. Cornella				1:00:53.02	592	
100m: 1:08.90	1:08.90	1400m: 16:51.50	1:12.34	2700m: 32:37.56	1:13.27	4000m: 48:35.00	1:13.76	
200m: 2:20.42	1:11.52	1500m: 18:03.97	1:12.47	2800m: 33:51.09	1:13.53	4100m: 49:47.98	1:12.98	
300m: 3:32.10	1:11.68	1600m: 19:16.41	1:12.44	2900m: 35:04.54	1:13.45	4200m: 51:01.95	1:13.97	
400m: 4:44.15	1:12.05	1700m: 20:28.51	1:12.10	3000m: 36:17.86	1:13.32	4300m: 52:16.15	1:14.20	
500m: 5:55.66	1:11.51	1800m: 21:41.15	1:12.64	3100m: 37:31.24	1:13.38	4400m: 53:30.26	1:14.11	
600m: 7:08.04	1:12.38	1900m: 22:54.16	1:13.01	3200m: 38:44.56	1:13.32	4500m: 54:43.96	1:13.70	
700m: 8:20.44	1:12.40	2000m: 24:06.93	1:12.77	3300m: 39:57.87	1:13.31	4600m: 55:57.79	1:13.83	
800m: 9:33.22	1:12.78	2100m: 25:19.47	1:12.54	3400m: 41:11.33	1:13.46	4700m: 57:11.85	1:14.06	
900m: 10:46.16	1:12.94	2200m: 26:32.47	1:13.00	3500m: 42:25.49	1:14.16	4800m: 58:26.22	1:14.37	
1000m: 11:59.44	1:13.28	2300m: 27:45.21	1:12.74	3600m: 43:39.58	1:14.09	4900m: 59:40.93	1:14.71	
1100m: 13:12.77	1:13.33	2400m: 28:58.26	1:13.05	3700m: 44:53.45	1:13.87	5000m: 1:00:53.02	1:12.09	
1200m: 14:26.13	1:13.36	2500m: 30:10.89	1:12.63	3800m: 46:07.47	1:14.02			
1300m: 15:39.16	1:13.03	2600m: 31:24.29	1:13.40	3900m: 47:21.24	1:13.77			
2. CHAPARRO CANELA, Palmira	96	C.N. Granollers				1:01:57.26	562	
100m: 1:08.55	1:08.55	1400m: 17:06.37	1:14.82	2700m: 33:21.12	1:14.36	4000m: 49:40.12	1:15.15	
200m: 2:20.37	1:11.82	1500m: 18:21.12	1:14.75	2800m: 34:35.37	1:14.25	4100m: 50:54.69	1:14.57	
300m: 3:33.47	1:13.10	1600m: 19:36.19	1:15.07	2900m: 35:50.87	1:15.50	4200m: 52:09.12	1:14.43	
400m: 4:46.37	1:12.90	1700m: 20:52.05	1:15.86	3000m: 37:06.19	1:15.32	4300m: 53:23.02	1:13.90	
500m: 5:59.87	1:13.50	1800m: 22:06.91	1:14.86	3100m: 38:21.62	1:15.43	4400m: 54:36.94	1:13.92	
600m: 7:12.97	1:13.10	1900m: 23:21.94	1:15.03	3200m: 39:37.26	1:15.64	4500m: 55:50.30	1:13.36	
700m: 8:26.59	1:13.62	2000m: 24:36.55	1:14.61	3300m: 40:52.59	1:15.33	4600m: 57:04.62	1:14.32	
800m: 9:39.91	1:13.32	2100m: 25:51.84	1:15.29	3400m: 42:07.79	1:15.20	4700m: 58:19.19	1:14.57	
900m: 10:54.16	1:14.25	2200m: 27:07.79	1:15.95	3500m: 43:22.69	1:14.90	4800m: 59:32.69	1:13.50	
1000m: 12:08.16	1:14.00	2300m: 28:23.12	1:15.33	3600m: 44:37.97	1:15.28	4900m: 1:00:45.62	1:12.93	
1100m: 13:22.05	1:13.89	2400m: 29:37.84	1:14.72	3700m: 45:53.76	1:15.79	5000m: 1:01:57.26	1:11.64	
1200m: 14:36.87	1:14.82	2500m: 30:52.34	1:14.50	3800m: 47:09.47	1:15.71			
1300m: 15:51.55	1:14.68	2600m: 32:06.76	1:14.42	3900m: 48:24.97	1:15.50			
3. GALO NOGUEIRA, Estel Xuan	04	C.N. Granollers				1:02:36.84	544	
100m: 1:10.16	1:10.16	1400m: 17:22.79	1:15.17	2700m: 33:44.47	1:15.10	4000m: 50:09.84	1:16.37	
200m: 2:23.05	1:12.89	1500m: 18:39.19	1:16.40	2800m: 35:00.19	1:15.72	4100m: 51:24.55	1:14.71	
300m: 3:37.16	1:14.11	1600m: 19:54.41	1:15.22	2900m: 36:16.37	1:16.18	4200m: 52:40.72	1:16.17	
400m: 4:51.26	1:14.10	1700m: 21:10.44	1:16.03	3000m: 37:31.37	1:15.00	4300m: 53:56.44	1:15.72	
500m: 6:06.09	1:14.83	1800m: 22:26.37	1:15.93	3100m: 38:47.02	1:15.65	4400m: 55:11.69	1:15.25	
600m: 7:20.44	1:14.35	1900m: 23:42.02	1:15.65	3200m: 40:02.94	1:15.92	4500m: 56:27.94	1:16.25	
700m: 8:35.84	1:15.40	2000m: 24:57.44	1:15.42	3300m: 41:18.91	1:15.97	4600m: 57:42.30	1:14.36	
800m: 9:51.41	1:15.57	2100m: 26:12.69	1:15.25	3400m: 42:35.12	1:16.21	4700m: 58:57.79	1:15.49	
900m: 11:07.30	1:15.89	2200m: 27:27.41	1:14.72	3500m: 43:50.44	1:15.32	4800m: 1:00:13.09	1:15.30	
1000m: 12:22.41	1:15.11	2300m: 28:42.84	1:15.43	3600m: 45:05.69	1:15.25	4900m: 1:01:26.87	1:13.78	
1100m: 13:37.69	1:15.28	2400m: 29:58.37	1:15.53	3700m: 46:21.16	1:15.47	5000m: 1:02:36.84	1:09.97	
1200m: 14:52.94	1:15.25	2500m: 31:13.87	1:15.50	3800m: 47:37.44	1:16.28			
1300m: 16:07.62	1:14.68	2600m: 32:29.37	1:15.50	3900m: 48:53.47	1:16.03			
4. VELASCO FERNANDEZ, Queralt	03	C.N. Cervera				1:04:12.15	505	
100m: 1:12.30	1:12.30	1400m: 17:29.69	1:16.62	2700m: 34:20.34	1:14.83	4000m: 51:07.49	1:18.44	
200m: 2:25.80	1:13.50	1500m: 18:46.98	1:17.29	2800m: 35:36.15	1:15.81	4100m: 52:25.30	1:17.81	
300m: 3:40.00	1:14.20	1600m: 20:03.06	1:16.08	2900m: 36:52.46	1:16.31	4200m: 53:44.00	1:18.70	
400m: 4:54.10	1:14.10	1700m: 21:19.77	1:16.71	3000m: 38:09.83	1:17.37	4300m: 55:03.20	1:19.20	
500m: 6:08.70	1:14.60	1800m: 22:36.97	1:17.20	3100m: 39:26.53	1:16.70	4400m: 56:22.01	1:18.81	
600m: 7:23.14	1:14.44	1900m: 23:54.71	1:17.74	3200m: 40:43.47	1:16.94	4500m: 57:41.15	1:19.14	
700m: 8:37.90	1:14.76	2000m: 25:13.41	1:18.70	3300m: 42:01.06	1:17.59	4600m: 58:58.40	1:17.25	
800m: 9:53.11	1:15.21	2100m: 26:31.55	1:18.14	3400m: 43:18.99	1:17.93	4700m: 1:00:17.71	1:19.31	
900m: 11:08.88	1:15.77	2200m: 27:49.38	1:17.83	3500m: 44:37.79	1:18.80	4800m: 1:01:37.44	1:19.73	
1000m: 12:24.33	1:15.45	2300m: 29:08.61	1:19.23	3600m: 45:54.93	1:17.14	4900m: 1:02:55.72	1:18.28	
1100m: 13:40.66	1:16.33	2400m: 30:27.28	1:18.67	3700m: 47:13.39	1:18.46	5000m: 1:04:12.15	1:16.43	
1200m: 14:56.28	1:15.62	2500m: 31:46.37	1:19.09	3800m: 48:31.52	1:18.13			
1300m: 16:13.07	1:16.79	2600m: 33:05.51	1:19.14	3900m: 49:49.05	1:17.53			



COPA CATALANA DE FONS - JORNADA PRIMAVERA
BARCELONA, 18/5/2019



Prova 2, Fem., 5000m Lliure, Open

Classificació	ANY				Temps		Pts	
5. DE LA FLOR GARCIA, Lucia	03	C.N. Cornella			1:04:59.25		487	
100m: 1:11.92	1:11.92	1400m: 17:49.03	1:17.47	2700m: 34:45.45	1:18.39	4000m: 51:54.27	1:19.07	
200m: 2:25.56	1:13.64	1500m: 19:07.20	1:18.17	2800m: 36:03.95	1:18.50	4100m: 53:13.13	1:18.86	
300m: 3:41.13	1:15.57	1600m: 20:24.27	1:17.07	2900m: 37:23.13	1:19.18	4200m: 54:31.52	1:18.39	
400m: 4:57.20	1:16.07	1700m: 21:41.42	1:17.15	3000m: 38:42.10	1:18.97	4300m: 55:49.85	1:18.33	
500m: 6:13.49	1:16.29	1800m: 22:59.35	1:17.93	3100m: 40:01.13	1:19.03	4400m: 57:09.85	1:20.00	
600m: 7:29.45	1:15.96	1900m: 24:17.52	1:18.17	3200m: 41:20.85	1:19.72	4500m: 58:29.20	1:19.35	
700m: 8:46.70	1:17.25	2000m: 25:36.10	1:18.58	3300m: 42:40.52	1:19.67	4600m: 59:49.10	1:19.90	
800m: 10:03.60	1:16.90	2100m: 26:54.35	1:18.25	3400m: 43:59.63	1:19.11	4700m: 1:01:08.27	1:19.17	
900m: 11:20.87	1:17.27	2200m: 28:12.85	1:18.50	3500m: 45:19.17	1:19.54	4800m: 1:02:27.81	1:19.54	
1000m: 12:38.70	1:17.83	2300m: 29:30.92	1:18.07	3600m: 46:38.06	1:18.89	4900m: 1:03:46.63	1:18.82	
1100m: 13:56.17	1:17.47	2400m: 30:49.85	1:18.93	3700m: 47:57.10	1:19.04	5000m: 1:04:59.25	1:12.62	
1200m: 15:13.85	1:17.68	2500m: 32:08.27	1:18.42	3800m: 49:15.87	1:18.77			
1300m: 16:31.56	1:17.71	2600m: 33:27.06	1:18.79	3900m: 50:35.20	1:19.33			
6. BERTRAN IZQUIERDO, Aida	96	C.N. Granollers			1:04:59.63		487	
100m: 1:13.09	1:13.09	1400m: 17:40.63	1:16.72	2700m: 34:35.63	1:17.85	4000m: 51:52.95	1:20.29	
200m: 2:28.63	1:15.54	1500m: 18:57.59	1:16.96	2800m: 35:53.13	1:17.50	4100m: 53:12.16	1:19.21	
300m: 3:44.16	1:15.53	1600m: 20:15.16	1:17.57	2900m: 37:12.16	1:19.03	4200m: 54:31.13	1:18.97	
400m: 4:59.80	1:15.64	1700m: 21:32.63	1:17.47	3000m: 38:31.48	1:19.32	4300m: 55:49.56	1:18.43	
500m: 6:15.70	1:15.90	1800m: 22:50.38	1:17.75	3100m: 39:51.38	1:19.90	4400m: 57:08.59	1:19.03	
600m: 7:31.59	1:15.89	1900m: 24:07.78	1:17.40	3200m: 41:12.45	1:21.07	4500m: 58:27.38	1:18.79	
700m: 8:47.41	1:15.82	2000m: 25:26.06	1:18.28	3300m: 42:32.80	1:20.35	4600m: 59:46.66	1:19.28	
800m: 10:03.16	1:15.75	2100m: 26:44.59	1:18.53	3400m: 43:52.73	1:19.93	4700m: 1:01:06.13	1:19.47	
900m: 11:18.88	1:15.72	2200m: 28:03.38	1:18.79	3500m: 45:13.28	1:20.55	4800m: 1:02:25.88	1:19.75	
1000m: 12:34.91	1:16.03	2300m: 29:22.23	1:18.85	3600m: 46:33.95	1:20.67	4900m: 1:03:45.16	1:19.28	
1100m: 13:50.91	1:16.00	2400m: 30:40.78	1:18.55	3700m: 47:53.45	1:19.50	5000m: 1:04:59.63	1:14.47	
1200m: 15:07.41	1:16.50	2500m: 31:59.45	1:18.67	3800m: 49:12.78	1:19.33			
1300m: 16:23.91	1:16.50	2600m: 33:17.78	1:18.33	3900m: 50:32.66	1:19.88			
7. LOPEZ ROMERO, Lara	03	C.N. Figueres			1:08:07.29		423	
100m: 1:18.06	1:18.06	1400m: 18:45.13	1:22.33	2700m: 36:31.84	1:21.85	4000m: 54:23.72	1:22.74	
200m: 2:37.70	1:19.64	1500m: 20:06.85	1:21.72	2800m: 37:54.18	1:22.34	4100m: 55:46.53	1:22.81	
300m: 3:58.18	1:20.48	1600m: 21:28.14	1:21.29	2900m: 39:16.27	1:22.09	4200m: 57:09.28	1:22.75	
400m: 5:18.43	1:20.25	1700m: 22:50.05	1:21.91	3000m: 40:39.38	1:23.11	4300m: 58:31.99	1:22.71	
500m: 6:37.72	1:19.29	1800m: 24:11.99	1:21.94	3100m: 42:02.65	1:23.27	4400m: 59:55.14	1:23.15	
600m: 7:57.64	1:19.92	1900m: 25:33.49	1:21.50	3200m: 43:25.43	1:22.78	4500m: 1:01:18.17	1:23.03	
700m: 9:17.52	1:19.88	2000m: 26:55.03	1:21.54	3300m: 44:47.51	1:22.08	4600m: 1:02:41.47	1:23.30	
800m: 10:37.41	1:19.89	2100m: 28:16.71	1:21.68	3400m: 46:10.14	1:22.63	4700m: 1:04:03.40	1:21.93	
900m: 11:57.94	1:20.53	2200m: 29:39.12	1:22.41	3500m: 47:32.99	1:22.85	4800m: 1:05:25.76	1:22.36	
1000m: 13:19.28	1:21.34	2300m: 31:01.98	1:22.86	3600m: 48:54.11	1:21.12	4900m: 1:06:48.31	1:22.55	
1100m: 14:40.09	1:20.81	2400m: 32:24.69	1:22.71	3700m: 50:16.62	1:22.51	5000m: 1:08:07.29	1:18.98	
1200m: 16:01.11	1:21.02	2500m: 33:47.50	1:22.81	3800m: 51:38.90	1:22.28			
1300m: 17:22.80	1:21.69	2600m: 35:09.99	1:22.49	3900m: 53:00.98	1:22.08			
8. ANSÓN BARRIENTOS, Marina	03	C.N. Figueres			1:10:05.51		388	
100m: 1:15.57	1:15.57	1400m: 19:02.73	1:24.19	2700m: 37:12.07	1:25.71	4000m: 55:51.98	1:27.72	
200m: 2:35.60	1:20.03	1500m: 20:25.96	1:23.23	2800m: 38:37.67	1:25.60	4100m: 57:18.65	1:26.67	
300m: 3:55.98	1:20.38	1600m: 21:48.61	1:22.65	2900m: 40:03.86	1:26.19	4200m: 58:44.57	1:25.92	
400m: 5:16.26	1:20.28	1700m: 23:12.48	1:23.87	3000m: 41:29.45	1:25.59	4300m: 1:00:11.03	1:26.46	
500m: 6:36.68	1:20.42	1800m: 24:35.86	1:23.38	3100m: 42:54.75	1:25.30	4400m: 1:01:36.89	1:25.86	
600m: 7:57.98	1:21.30	1900m: 25:58.76	1:22.90	3200m: 44:19.95	1:25.20	4500m: 1:03:03.00	1:26.11	
700m: 9:19.05	1:21.07	2000m: 27:22.30	1:23.54	3300m: 45:45.27	1:25.32	4600m: 1:04:28.54	1:25.54	
800m: 10:42.17	1:23.12	2100m: 28:46.14	1:23.84	3400m: 47:11.01	1:25.74	4700m: 1:05:54.07	1:25.53	
900m: 12:05.30	1:23.13	2200m: 30:09.34	1:23.20	3500m: 48:37.50	1:26.49	4800m: 1:07:18.95	1:24.88	
1000m: 13:28.60	1:23.30	2300m: 31:32.72	1:23.38	3600m: 50:03.96	1:26.46	4900m: 1:08:43.72	1:24.77	
1100m: 14:51.66	1:23.06	2400m: 32:57.09	1:24.37	3700m: 51:30.51	1:26.55	5000m: 1:10:05.51	1:21.79	
1200m: 16:14.70	1:23.04	2500m: 34:22.01	1:24.92	3800m: 52:57.29	1:26.78			
1300m: 17:38.54	1:23.84	2600m: 35:46.36	1:24.35	3900m: 54:24.26	1:26.97			



COPA CATALANA DE FONTS - JORNADA PRIMAVERA
BARCELONA, 18/5/2019



Prova 2, Fem., 5000m Lliure, Open

Classificació	ANY										Temps	Pts				
9.	GOMEZ RIVERA, Lucia										03	C.N. Martorell	1:10:42.78	378		
	100m: 1:16.48	1:16.48	1400m: 19:17.91	1:24.68	2700m: 37:48.38	1:25.85	4000m: 56:35.48	1:27.14	200m: 2:37.80	1:21.32	1500m: 20:42.78	1:24.87	2800m: 39:14.06	1:25.68	4100m: 58:01.09	1:25.61
	300m: 3:59.88	1:22.08	1600m: 22:07.48	1:24.70	2900m: 40:40.41	1:26.35	4200m: 59:27.63	1:26.54	400m: 5:22.38	1:22.50	1700m: 23:32.80	1:25.32	3000m: 42:06.06	1:25.65	4300m: 1:00:53.13	1:25.50
	500m: 6:44.41	1:22.03	1800m: 24:58.03	1:25.23	3100m: 43:32.45	1:26.39	4400m: 1:02:19.73	1:26.60	600m: 8:07.48	1:23.07	1900m: 26:23.63	1:25.60	3200m: 44:58.53	1:26.08	4500m: 1:03:45.78	1:26.05
	700m: 9:30.63	1:23.15	2000m: 27:48.31	1:24.68	3300m: 46:24.78	1:26.25	4600m: 1:05:09.38	1:23.60	800m: 10:53.53	1:22.90	2100m: 29:13.98	1:25.67	3400m: 47:50.84	1:26.06	4700m: 1:06:33.53	1:24.15
	900m: 12:16.88	1:23.35	2200m: 30:39.78	1:25.80	3500m: 49:17.66	1:26.82	4800m: 1:07:57.95	1:24.42	1000m: 13:40.88	1:24.00	2300m: 32:05.98	1:26.20	3600m: 50:44.63	1:26.97	4900m: 1:09:21.78	1:23.83
	1100m: 15:04.73	1:23.85	2400m: 33:31.66	1:25.68	3700m: 52:12.09	1:27.46	5000m: 1:10:42.78	1:21.00	1200m: 16:28.78	1:24.05	2500m: 34:56.78	1:25.12	3800m: 53:40.45	1:28.36		
	1300m: 17:53.23	1:24.45	2600m: 36:22.53	1:25.75	3900m: 55:08.34	1:27.89										
10.	MARTINEZ ORDOÑEZ, Aina										05	C.N. Granollers	1:12:05.31	356		
	100m: 1:18.07	1:18.07	1400m: 19:19.06	1:23.49	2700m: 37:44.94	1:26.69	4000m: 57:05.63	1:29.84	200m: 2:40.98	1:22.91	1500m: 20:42.61	1:23.55	2800m: 39:12.13	1:27.19	4100m: 58:36.31	1:30.68
	300m: 4:04.71	1:23.73	1600m: 22:06.45	1:23.84	2900m: 40:39.22	1:27.09	4200m: 1:00:06.94	1:30.63	400m: 5:27.26	1:22.55	1700m: 23:30.40	1:23.95	3000m: 42:06.69	1:27.47	4300m: 1:01:37.39	1:30.45
	500m: 6:50.42	1:23.16	1800m: 24:55.42	1:25.02	3100m: 43:36.24	1:29.55	4400m: 1:03:08.49	1:31.10	600m: 8:13.26	1:22.84	1900m: 26:20.22	1:24.80	3200m: 45:04.40	1:28.16	4500m: 1:04:37.35	1:28.86
	700m: 9:35.68	1:22.42	2000m: 27:44.11	1:23.89	3300m: 46:33.10	1:28.70	4600m: 1:06:07.13	1:29.78	800m: 10:59.09	1:23.41	2100m: 29:10.00	1:25.89	3400m: 48:02.28	1:29.18	4700m: 1:07:36.85	1:29.72
	900m: 12:22.03	1:22.94	2200m: 30:35.10	1:25.10	3500m: 49:32.39	1:30.11	4800m: 1:09:06.35	1:29.50	1000m: 13:45.71	1:23.68	2300m: 32:00.59	1:25.49	3600m: 51:02.25	1:29.86	4900m: 1:10:37.31	1:30.96
	1100m: 15:09.07	1:23.36	2400m: 33:27.14	1:26.55	3700m: 52:33.30	1:31.05	5000m: 1:12:05.31	1:28.00	1200m: 16:32.54	1:23.47	2500m: 34:52.44	1:25.30	3800m: 54:04.63	1:31.33		
	1300m: 17:55.57	1:23.03	2600m: 36:18.25	1:25.81	3900m: 55:35.79	1:31.16										
11.	VIZCAINO GOMEZ, Noa										02	C.N. Martorell	1:12:23.82	352		
	100m: 1:21.36	1:21.36	1400m: 20:11.53	1:27.85	2700m: 39:04.90	1:27.47	4000m: 57:58.72	1:27.50	200m: 2:46.43	1:25.07	1500m: 21:39.22	1:27.69	2800m: 40:32.22	1:27.32	4100m: 59:26.00	1:27.28
	300m: 4:12.75	1:26.32	1600m: 23:06.61	1:27.39	2900m: 41:59.11	1:26.89	4200m: 1:00:53.75	1:27.75	400m: 5:39.25	1:26.50	1700m: 24:33.61	1:27.00	3000m: 43:26.36	1:27.25	4300m: 1:02:21.47	1:27.72
	500m: 7:05.90	1:26.65	1800m: 26:00.90	1:27.29	3100m: 44:52.40	1:26.04	4400m: 1:03:48.75	1:27.28	600m: 8:32.00	1:26.10	1900m: 27:27.97	1:27.07	3200m: 46:19.15	1:26.75	4500m: 1:05:15.86	1:27.11
	700m: 9:59.18	1:27.18	2000m: 28:54.86	1:26.89	3300m: 47:46.00	1:26.85	4600m: 1:06:42.50	1:26.64	800m: 11:26.90	1:27.72	2100m: 30:21.72	1:26.86	3400m: 49:12.93	1:26.93	4700m: 1:08:08.22	1:25.72
	900m: 12:54.36	1:27.46	2200m: 31:48.93	1:27.21	3500m: 50:40.15	1:27.22	4800m: 1:09:34.15	1:25.93	1000m: 14:21.50	1:27.14	2300m: 33:16.28	1:27.35	3600m: 52:07.93	1:27.78	4900m: 1:10:59.50	1:25.35
	1100m: 15:48.53	1:27.03	2400m: 34:43.40	1:27.12	3700m: 53:35.61	1:27.68	5000m: 1:12:23.82	1:24.32	1200m: 17:16.40	1:27.87	2500m: 36:10.68	1:27.28	3800m: 55:03.53	1:27.92		
	1300m: 18:43.68	1:27.28	2600m: 37:37.43	1:26.75	3900m: 56:31.22	1:27.69										